

## ESHC Mother's Day 5K!

We have been proud sponsors of the annual Kirkland Half Marathon and 5K race for over 12 years!

This year, we had over 20 friends and family of the clinic join us on Mother's Day, May 12th, at Juanita Beach in Kirkland.



## Evergreen Speech & Hearing Clinic



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Join us for our  
Summer Communication Workshops!  
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## ESHC Long-Time Staff Anniversaries



**Cheryl Lokanis, Au.D.**  
Audiologist  
22 years



**Katie Colburn**  
Account Coordinator  
22 years



**Lisa Shockley**  
Speech Coordinator  
12 years

SUMMER 2019



# Evergreen Speech and Hearing Clinic

Managing your hearing, speech and balance needs since 1979



## ESHC Turns 40!

The Clinic Celebrates Milestone Anniversary



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*"Our first year in practice (1979), located alone in the Totem Lake North Building, posed a burning uncertainty. That uncertainty questioned my sanity for being one of the few Audiologists in the State of Washington stubborn enough to embark on an adventure into the world of free enterprise, in a field with no financial track record, in a profession unknown to the public."*

pathologist Maryam Sadrzadeh joined the ownership team to lead the speech program. Forty years later, they now have a team of 27 working alongside them. What started out as a small clinic in one location in Kirkland has now grown into three locations across the Eastside. Four audiologists and one audiology technician form the hearing team, while a growing team of six make up the speech team – a team that was non-existent in 1979.

These words, written in 1990 by Thomas Norwood, the founder of Evergreen Speech & Hearing Clinic, highlight the risk and uncertainty in starting an audiology practice during a time when there was no precedent for success. Dr. Norwood started the clinic with the help of his mother, and has since worked with his sister, wife, father-in-law, daughter, and son. Soon after founding the clinic, he partnered with audiologist Dr. Terence Limb. In 2002, speech-language

We would not have survived these 40 years without our dedicated ESHC team, but also not without our patients. We want to thank our loyal and supportive patients for choosing ESHC! This summer, we plan to host patient parties at each of our clinic locations to share our 40th anniversary celebration with the ones who made it possible. Event dates and details to be announced!

[everhear.com](http://everhear.com)

# Rebecca S.

## Speech Patient Spotlight

Rebecca “Becky” has been coming on and off to ESHC for more than 15 years starting from when she was in high school. Most of the time, Maryam Sadrzadeh, our Speech Program Director, has been Becky’s speech-language pathologist.

Special thanks to Nancy, Becky’s mother, for providing responses to these questions.

### Is there an achievement of Rebecca’s that you are most proud of?

With Maryam’s help and coaching, Becky gave a speech to Kirkland City Council about supported employment, she gave a speech at her sister’s wedding, and she was a featured speaker at a local fundraiser. Becky was so very proud of herself as was her whole family!

### Is there anything you think people should know about ESHC?

Becky has a disability and her speech disfluency has been one of her biggest challenges for most of her life. ESHC has always been so supportive of Becky’s efforts and worked tirelessly to find ways to improve her communication skills.

### What was the best thing about the treatment you received?

ESHC is very creative in its methods for improved speech. Becky’s therapist works very hard to find methods that work best for Becky and that she responds to well. Those methods have changed as Becky has aged. I also appreciate that work can be modified so I can reinforce it at home.

### Is there anything else you would like to share?

I’d like to add that Becky and I are always welcomed so very warmly by the staff when we come to the office. Becky loves saying hello to the front staff and really looks forward to their enthusiastic greeting to her.



Becky with Maryam, SLP and Speech Director, after a speech session in our Redmond Clinic.

## ESHC Happenings



Our speech team celebrated meeting their graduation goal of 60 patients in 6 months!



ESHC team enjoyed the beautiful weather and explored Mercer Island!



We hugged trees on Earth Day!



We had a blast at our annual staff earplug stuffing party!

Stay updated online with exciting things happening at ESHC!



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## Better Hearing and Speech Month

ESHC Celebrates BHSM with a Full Month of Events

**May is the best month of the year!** Founded in 1927 by the American Speech-Language-Hearing Association (ASHA), Better Hearing and Speech Month aims to raise awareness about hearing and speech problems. The annual campaign encourages people to take action and seek treatment for a speech or hearing problem.

According to the National Institute on Deafness and Other Communication Disorders (NIDCD), at least 20 percent of U.S. adults, at some point in their lives, experience significant difficulty in hearing, balance, taste, smell, voice, speech, or language. To raise awareness about these common disorders, ESHC joins other organizations in observing BHSM each May.

ESHC celebrates BHSM with a series of events for our staff and a few special ones for patients, including a student forum with UW Audiology Students and a yoga workshop for our voice patients.



ESHC Team at our annual earplug stuffing party at Zeeks Pizza in Redmond.

## Jan K.

### Hearing Patient Spotlight

Jan first visited ESHC in 2018, but has known the founder/audiologist, Dr. Tom Norwood, and Clinic Director, Ruth Norwood, for many years. Jan received her first pair of hearing devices from ESHC last year!

### Have your new devices impacted your life in any way?

My initial hearing test was done by Dr. Tom. It is clear that Dr. Tom’s primary goal is well being of each of us in a personal way. My sound proof booth time manifested results that my family had been predicting. The biggest hole in life with those around me was significant hearing loss. The devices I received have brought the words of my grandchildren back to life in each moment.

### Is there anything you think people should know about ESHC?

ESHC follow up is personal and regular. I have felt connected by intentional plan and truly valued. There is extraordinary effort made to augment services.

### What was the best thing about the treatment you received?

Every staff member is a big picture person. Ruth and Tom have created a family of staff. The mutual respect for all is apparent each time I am there. As administrators treat staff, so staff treats the clients. There is a demeanor of kindness combined with professionalism that has created the best of the best. I am thankful.



Jan with her grandson, James.